

Autumn Term Menu, Week 1

Week Commencing: 2nd Sept, 23rd Sept, 14th Oct, 11th Nov, 2nd Dec.

Meal	Monday	Tuesday	Wednesday	Thursday	Friday
Am Snack	Pear and Ritz Cracker (W)	Cucumber and Carrot Sticks with Hummus (SE)	Grapes and Banana	Grated Cheese and Crackers (W,MK)	Cucumber and Pepper Sticks
Lunch	Quorn Sausage and pasta bake with veg. (W, MK)	Roast Beef, potatoes, Y Pud, veg & gravy (W,E,MK,B,SO)	Chicken goujons, Chips and peas (W,SO,MK)	Spaghetti Bolognese with Garlic Bread (W,MK)	Sausage, mash and veg (MK,B)
Dessert	Strudel and Ice Cream	Jam Tart (W,MK)	Flapjack with Cream (W,MK)	Shortbread and Yoghurt (W,MK)	Chocolate chip sponge (W,MK)
Pm Snack	Orange and Raisins	Cracker and Apple (W)	Cheese Spread Crackers (W,MK)	Apple and Blueberries	Orange and Breadsticks (W,B)
Tea (After School Club)	Cheese/Beans on Toast Pudding: Apple Pie/ Fruit (MK,W,L)	Fish Fingers, Chips and Veg Pudding: Jelly/ Fruit (F,W)	Pizza of the day & Side salad Pudding options: Ice cream/ Fruit (W,MK)	Cheese topped Crumpets Pudding: Cupcake/ Fruit (W,MK,E)	Cheese Burger, fries and salad Pudding: Yoghurt/ Fruit (W,MK)

Allergy Key: Barley (B), Celery (C), Egg (E), Fish (F), Lupin (L), Milk (MK), Mustard (MU), Sesame Seeds (SE), Soya (SO), Sulphates (SU), Wheat (W)

Autumn Term Menu, Week 2

Week Commencing: 9th Sept, 30th Sept, 21st Oct, 18th Oct, 9th Dec.

Meal	Monday	Tuesday	Wednesday	Thursday	Friday
Am Snack	Cucumber and Carrot sticks with Hummus (SE)	Orange and Cracker (W)	Cucumber and Pepper Sticks	Apple and Peach	Cheese and Crackers (W,MK)
Lunch	Cottage pie and Veg (W,MK)	Chicken Curry, Rice, and Nann Bread (W,MK)	Meatballs and Tomato Pasta (W,B, MK)	Fish Fingers, Chips and Peas (F,W)	Vegetable Lasagna (W,B)
Dessert	Cheesecake (W,MK)	Jelly and Fruit (MK)	Apple Pie and Custard (W,MK)	Strawberry swirl Sponge with Squirry Cream (W,E,MK,SO)	Chocolate Cornflake Cake (B,MK)
Pm Snack	Ritz Cracker and Banana (W)	Cheese Spread Crackers (W,MK)	Apple and Orange	Pear and Breadsticks (W,B)	Orange and Raisins (W,B)
Tea (After School Club)	Chicken Nuggets, Chips and Peas Pudding options: Jelly/ Fruit (F,W)	Sausage & Tomato Pasta with Veg Pudding options: Cupcake/ Fruit (W,MK,E)	Hot dogs, Chips and Salad Pudding options: Cheesecake/ Fruit (MK,E)	Pizza of the Day with Salad Pudding options: Strawberry Swirl sponge/ Fruit (W,MK)	Cheese and beans on Crumpets Pudding options: Yoghurt/ Fruit (W,E,MK,SO)

Allergy Key: Barley (B), Celery (C), Egg (E), Fish (F), Lupin (L), Milk (MK), Mustard (MU), Sesame Seeds (SE), Soya (SO), Sulphates (SU), Wheat (W)

Autumn Term Menu, Week 3

Week Commencing: 16th Sept, 7th Oct, 4th Nov, 25th Nov, 16th Dec.

Meal	Monday	Tuesday	Wednesday	Thursday	Friday
Am Snack	Grapes and Apple	Cucumber and Pepper stick	Ritz Cracker and Banana (W)	Pear and Orange	Cucumber and Carrot sticks Hummus (SE)
Lunch	Spaghetti Bolognaise and Garlic Bread (W,B,MK)	Sheperd Pie and Veg (W)	Chilli Con Carne with Rice (SE)	Pizza Muffins with veg (W,MK,B)	Chicken and Bacon Pasta bake (W,MK)
Dessert	Vanilla sponge (W,MK)	Fruit Crumble with Cream (B,MK)	Shortbread with raisins and chocolate chips (W,MK)	Jelly with Fruit	Syrup sponge and Ice cream (W,MK)
Pm Snack	Grated cheese and Cracker (MK, W)	Banana and Plum	Carrot and Pepper Stick	Apple and Raisins	Breadstick and Pear (W)
Tea (After School Club)	Sausage and Chips with Veg Pudding Flapjack /Fruit (B)	Cheesy Spaghetti with veg Pudding Apple Pie /Fruit (MK,W)	Puff Pastry Tart Pudding Cheesecake /Fruit (B,MK,W)	Beef Ravioli in Tomato sauce with toast Pudding Cupcake /Fruit (B,MK)	Make you own wraps Pudding Jelly (B, W, MK)

Allergy Key: Barley (B), Celery (C), Egg (E), Fish (F), Lupin (L), Milk (MK), Mustard (MU), Sesame Seeds (SE), Soya (SO), Sulphates (SU), Wheat (W)